



Oka's Spa



## TREATMENT *Menu*

Affordable Day Spa & Salon



- Massage Therapies
- Facial
- Body Treatments
- Nail Treatments
- Makeup & Waxing
- Hair Braiding

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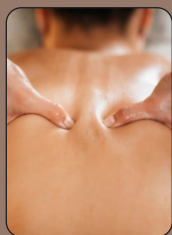
# BODY TREATMENT



## BALINESE MASSAGE

A holistic, full-body massage technique that originated in Bali, Indonesia. It's a combination of manual therapy and aromatherapy that's intended to promote relaxation and wellbeing.

**IDR 180k/60 mnt**  
**IDR 250k/90 mnt**



## DEEP TISSUE MASSAGE

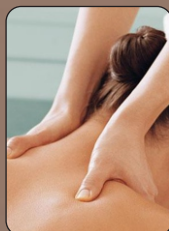
Type of massage technique which uses deep pressure. Combining slow strokes and notable finger pressure, the purpose is to release the tension and tightness held deeply in your muscles and your connective tissues. A deep tissue massage will typically focus on your primary areas of discomfort.

**IDR 215k/60 mnt**  
**IDR 300k/90 mnt**

## BACK N SHOULDER MASSAGE

Therapeutic massage that focuses on the back, shoulders, and neck. It can help relieve pain and tension in these areas.

**IDR 200k/45mnt**  
**IDR230k/60mnt**



## SHIATSU MASSAGE

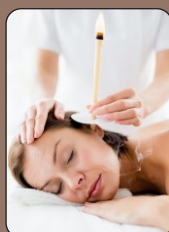
In the Japanese language, shiatsu means "finger pressure". Shiatsu techniques include massages with fingers, thumbs, elbows, knuckles, feet and palms; acupressure, assisted stretching; and joint manipulation and mobilization. To examine a patient, a shiatsu practitioner uses palpation and, sometimes, pulse diagnosis.



**IDR 230k/60mnt**

## EAR CANDLE TREATMENT

A hollow candle is placed in the ear canal. The other end of the candle is lit. The burning candle is said to create a vacuum that draws out ear wax.



**IDR 150k**



## AROMA THERAPY MASSAGE

A type of massage therapy that uses essential oils to promote relaxation and healing. It's a complementary and alternative medicine practice.

**IDR 250k/60mnt**  
**IDR 310k/90mnt**

## HOT STONE MASSAGE

Therapist places heated stones on specific points on the body. These points are sometimes called acupressure points. The heat from the stones warms and relaxes the muscles. The therapist may apply deeper pressure to the muscles.

**IDR 350k/90 mnt**



## REFLEXIOLOGI / FOOT MASSAGE

Reflexologists believe that different parts of the foot correspond to different organs and parts of the body. Applying pressure to these points is thought to stimulate nerves and improve blood circulation. It's also thought to help the body release pain-relieving chemicals like endorphins and enkephalins.

**IDR 110k/30 mnt**  
**IDR 150k/45mnt**  
**IDR 190k/60 mnt**



## BODY SCRUB

Body scrubs are a mechanical exfoliant, meaning they physically remove dead skin cells from the outer layer of your skin with abrasive ingredients, like sugar or salt. This stimulates skin cell turnover, resulting in smoother, brighter skin and possibly preventing future acne breakouts.

**IDR 150k/30 mnt**



## FACE MASSAGE

cosmetic treatment that includes using hands or a tool to massage the face and neck to stimulate blood circulation, promote relaxation, and improve the appearance of the skin. Facial massage represents a rejuvenating treatment that can help you achieve a more youthful, glowing complexion.

**IDR 130k/30mnt**



## HAIR TREATMENT

**WASH N HAIR DRY**      **IDR 250K**

**HAIR STYLE**      **IDR 250K**  
( CURLY / STRAIGHT)

### HAIR MASK

Treatments that are formulated with oils, butters and other nourishing ingredients. These hydrating hair masks spend more time sinking into and nurturing hair than your average shampoo or conditioner, giving dramatic benefits in a single use.

**IDR 350k**

## WAXING

**HALF LEG**      **IDR 275K**

**FULL LEG**      **IDR 380K**

**FULL ARM**      **IDR 350K**

**UNDER ARM**      **IDR 225K**

**BIKINI LINE**      **IDR 340K**

**BRAZILIAN**      **IDR 400K**

**CHEST**      **IDR 300K**

**BACK**      **IDR 400K**

**EYEBROW**      **IDR 180K**

## FACE TREATMENT

### NATURAL FACIAL

Uses ingredients that are derived from nature, such as plants, minerals, or oils, and is free of harmful chemicals. Natural facials are designed to nourish and nurture the skin without the use of synthetic ingredients.

**IDR 200k/45 mnt**

### ANTI AGING FACIAL

Skin care treatment that aims to reduce the visible signs of aging. Anti-aging facials can improve skin texture, tone, and elasticity.

**IDR 350k/60 mnt**

## HAND & FEET TREATMENT

**SPORT MANICURE**

**IDR 170K**

**SPORT PEDICURE**

**IDR 160K**

**FOOT SCRUB**

**IDR 170K**

**RUSIAN MANICURE WITH GEL POLISH**

**IDR 350K**

**RUSIAN PEDICURE WITH GEL POLIS**

**IDR 330K**

**NAILS TIP WITH GEL POLISH**

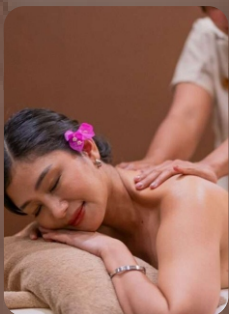
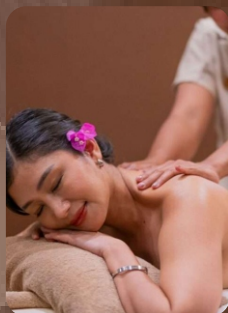
**IDR 400K**



# SPA PACKAGES

## DAHLIA PACKAGE

BALINESE MASSAGE 60MNT  
EAR CANDLE 30 MNT  
IDR 310K

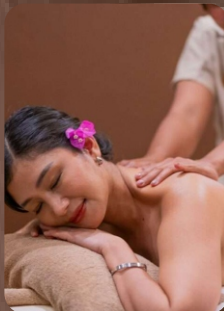


## JASMIN PACKAGE

BACK MASSAGE 30 MNT  
REFLEXIOLOGI 30 MNT  
PEDICURE WITH GEL COLOUR  
IDR 450K

## ROSE PACKAGE

BALINESE MASSAGE 60 MNT  
BODY SCRUB 30 MNT  
NATURAL FACIAL 30 MNT  
MILK BATH 15 MNT  
IDR 550K



## LOTUS PACKAGE

BODY SCRUB 30 MNT  
BALINESE MASSAGE 60 MNT  
IDR 330K





# HAIR BRAIDING



**IDR. 150K**



**Start from  
IDR. 1000K**



**Start from  
IDR. 350K**



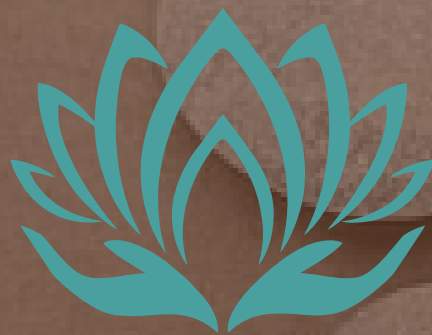
**Start from  
IDR. 1500K**



**Start from  
IDR. 500K**



**Start from  
IDR. 800K**



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